

ELLE

JAN/FEB

EXCLUSIVE:
AT HOME WITH NEW YORK'S
NEW TASTEMAKERS

READ THE TEASER

Holiday Style
SPARKLING BEAUTY
COZY WINTER THROWS

ISSUE NOW

GIVE
BACK!
THOUGHTFUL

GIFTS THAT MAKE
A DIFFERENCE

VEGGIE DELIGHT
EFFORTLESS SIDE DISHES
FOR EVERY TABLE

*special**
WINTER,
a love story

and when your facial is done, you look like you've had a face lift!"

Now what I want to know is, how does Spirit take her look from the lab to the limelight, from day to night? "I love a sexy look by night—green makeup artist Rebecca Casciano taught me how to get my eyes to pop with Kjaer Weis eye shadows in Onyx (as a liner), Wisdom (as a contour), and Cloud Nine (as a highlight). I use Kjaer Weis Desired Glow for that subtly sun-kissed look, and for dinner or cocktails, I'll always put on a bold lip like Ilia Arabian Knights." Spirit brings beauty with confidence, and knows the meaning of natural beauty, in more ways than one. She's an artist, an activist and beauty fanatic. But most importantly, she's a Lillie girl.

Spirit's Non-Toxic Beauty Faves



From left to right: Kjaer Weis Organic Cream Blush in Desired Glow; Amala Rejuvenating Advanced Firming Complex; Intelligent Nutrients Pure Sambac Jasmine Absolute; Tata Harper Hydrating Floral Essence; Hydrea FSC Certified Professional Dry Skin Body Brush; Oralive Dental Regenerative Elixir; RMS Beauty "Un" Cover Up; May Lindstrom Skin-The Clean Dirt- Cleansing Clay; Vered Organic Botanicals Anti-Wrinkle Eye Treatment.

BEAUTY TIPS

- 1 **Never go dry!** Dry skin isn't just uncomfortable, it can also cause premature aging. It's important to not just treat dryness but to prevent it. Use a humidifier at night or a little Marula oil to prevent moisture from being leached from your skin.
- 2 **Layer.** Instead of switching to a too-rich face cream, layer face oil first for deeper nourishment, then moisturizer or moisturizing sunblock over to lock in moisture and protect. The result will feel cleaner and be better for this skin than blending or using only a cream, which can sometimes serve only to congest the skin.
- 3 **Juice Up.** Green juices not only help control cravings around holiday foods, they also help keep skin, hair and nails balanced, clear and glowing. Too much alcohol, sugar and fatty food will do the opposite.
- 4 **Go red.** The holidays are the perfect time to wear red lipstick and cheek tint - day or night. Red gives life to our otherwise dull, pale faces and makes people around us happy! My favorite is Ilia Beauty's Crimson & Clover - the only red that also hydrates my lips instead of drying them out.
- 5 **Slough.** Daily dry brushing is so essential in winter - not just for removing dry skin, it also stimulates the lymphatic and circulatory systems, boosts your immune system, and increases circulation to help relieve stress, detoxify and prevent cellulite!