

B V Z A A R

Harper's



CELEBRATE
STYLE

KATE HUDSON

NEW YEAR, NEW YOU

Refresh your look (and stick to your 2014 beauty resolutions) with this simple to-do list



Karlie Kloss

BRIGHTEN YOUR SMILE

Who has time to whiten their teeth daily? Remove years of stains stat with peroxide-infused Crest 3D White Whitestrips 1 Hour Express (\$49.99). Expect major results.

BOOST RADIANCE

Remove pesky sun spots for good. SkinCeuticals Advanced Pigment Corrector (\$90) sloughs off skin discoloration and inhibits new melanin production. Translation: This stuff makes your skin glow.

LOOK YOUNGER

Doctors are buzzing about Voluma, a new hyaluronic acid facial filler that combats gaunt, sagging cheeks. One treatment can wipe five to 10 years off your face with little to no downtime, and results will last up to two years.

DE-STRESS

Put your mind at ease with Headspace's easy-to-navigate meditation app. "It makes meditating accessible to anyone, anytime, anywhere," says Andy Puddicombe, the company's cofounder.

You'll begin to feel calmer in the first 10 minutes, says Puddicombe, and you can expect less anxiety and better sleep.

PUMP UP YOUR POLISH

Modernize your manicure with a metallic, textured polish. Essie's latest multidimensional lacquers look chic layered over neutral hues.

ANTI-AGE YOUR BODY

If you're hoping to drop some holiday weight, check out *7 Years Younger: The Anti-Aging Breakthrough Diet*, a health book that allows you to eat real food and promises a slimmer you in just seven weeks. Don't be surprised if you end up 20 pounds lighter.

TRANSFORM YOUR HAIR

Get one step closer to achieving Jennifer Aniston's covetable mane with her company's new product, Living Proof Perfect Hair Day (\$26). The styling treatment smooths frizz without sacrificing volume and adds shine. Apply pre-blow-dry.

FEEL FIT FAST

You're out of excuses. Gymagogo.com offers interactive instructor-led fitness classes via your webcam for a professional workout at home that's only \$8 per session.

REVITALIZE & RENEW

Energize or unwind with Intelligent Nutrients Body and Hair elixirs (\$52 each). Jump-start your morning with a lemony spritz of Awaken, or relax after a long day with Nurture's lavender scent.

PAINT YOUR POUT

These aren't traditional tinted balms. Revlon's new crayons come in high-shine as well as matte finishes. Either way, they're loaded with ingredients to keep your lips plump and hydrated.



Intelligent Nutrients Body and Hair elixirs, \$52 each



Revlon ColorBurst crayons in Provocateur, Showy, and Unapologetic, \$8.99 each

Chimney Nail Enamel in Sweet Tooth, \$12.50

Essie Nail Polish in Hors d'Oeuvres, \$8.50

By Jessica Prince

SEE WHERE TO BUY FOR SHOPPING DETAILS